

Diagnosed while in college, Don left school and traveled across the country, never married, and lived in ten different cities by the age of 30. Personally, his suspiciousness of his family caused his closest relationships to become irreparably distant. Don's lifestyle habits included tobacco smoking and poor nutrition; he would often present to emergency rooms with respiratory complaints, where he would be prescribed appropriate medications, although his reduced insight and memory difficulties, complicated by binge drinking, made adherence a practical impossibility

After successive relapses and switches between different psychotropic medications, he developed symptoms consistent with hyperglycemia and pneumonia, requiring an ICU admission. Once discharged, he rapidly returned to his previous habits. Presently, his diabetes, hyperlipidemia, and COPD receive little attention compared to the efforts extended to keep Don from excessively drinking and adherent with his psychotropic medication.



**Don, 45 year old male
Schizophrenia diagnosed: 1980**

Hospitalizations for

- Mental illness: 14**
- Medical illness: 7**